

## LES GRILLES DE QUALIFICATIONS 2018-2019

### 1. Région

#### GRILLE QUALIFICATION CHAMPIONNATS REGIONAUX HIVER (25m)

**Performances réalisées sur la base des performances tous bassins saison N et N-1**

DAMES			Epreuves	MESSIEURS		
Tps limites				Tps limites		
14-15 ans	16-17 ans	18 ans et plus		19 ans et plus	17-18 ans	15-16 ans
00:31.00	00:30.50	00:30.00	50 NL	00:26.00	00:27.00	00:28.00
01:08.50	01:07.00	01:05.00	100 NL	00:56.50	00:59.00	01:02.00
02:31.00	02:27.00	02:23.00	200 NL	02:08.00	02:10.00	02:16.00
05:20.00	05:12.00	05:03.00	400 NL	04:31.00	04:44.00	05:00.00
11:10.00	10:45.00	10:30.00	800 NL	9:15.00	9:40.00	10:00.00
20:30.00	20:00.00	19:30.00	1500 NL	17:45.00	18:15.00	19:00.00
00:37.00	00:35.50	00:35.00	50 Dos	00:31.50	00:33.00	00:34.50
01:21.00	01:19.50	01:15.00	100 Dos	01:08.00	01:11.00	01:15.00
02:53.00	02:48.00	02:45.00	200 Dos	02:25.00	02:31.00	02:45.00
00:41.00	00:40.50	00:40.00	50 Bra	00:34.00	00:35.45	00:37.00
01:31.00	01:30.00	01:27.00	100 Bra	01:15.00	01:21.00	01:25.00
03:15.00	03:10.00	03:07.00	200 Bra	02:47.00	02:52.00	03:00.00
00:34.50	00:33.50	00:33.00	50 Pap	00:28.00	00:29.00	00:30.50
01:18.50	01:17.50	01:16.00	100 Pap	01:03.00	01:08.00	01:10.50
03:00.00	02:50.00	02:40.00	200 Pap	02:23.00	02:30.00	02:41.00
01:30.00	01:24.00	01:15.00	100 4n	01:07.00	01:12.00	01:16.00
02:50.50	02:48.00	02:44.00	200 4n	02:25.00	02:31.00	02:39.00
06:05.00	05:50.00	05:30.00	400 4n	05:23.00	05:42.00	05:55.00

**GRILLE QUALIFICATION  
CHAMPIONNATS REGIONAUX ETE (50m)**

Performances réalisées sur la base des performances tous bassins saison N.

En bassin de 50m :

DAMES				Epreuves	MESSIEURS			
Tps limites					Tps limites			
14 ans	15 ans	16 ans	17 ans et plus		18 ans et plus	17 ans	16 ans	15 ans
00:31,00	00:30,70	00:30,40	00:30,10	50 NL	00:26,40	00:27,00	00:28,00	00:29,00
01:08,50	01:07,40	01:06,80	01:05,50	100 NL	00:56,50	00:59,00	01:01,00	01:03,00
02:31,00	02:28,00	02:27,00	02:25,00	200 NL	02:08,00	02:12,00	02:16,00	02:18,00
05:20,00	05:15,00	05:10,00	05:05,00	400 NL	04:31,00	04:50,00	05:00,00	05:07,00
11:00,00	10:50,00	10:40,00	10:30,00	800 NL	09:15,00	09:45,00	10:00,00	10:10,00
20:15,00	20:00,00	19:45,00	19:30,00	1500 NL	17:45,00	18:15,00	18:40,00	19:00,00
00:37,50	00:37,00	00:36,30	00:35,80	50 Dos	00:32,50	00:33,20	00:34,00	00:35,00
01:21,00	01:19,80	01:18,60	01:17,70	100 Dos	01:10,30	01:12,40	01:14,00	01:16,00
02:53,00	02:50,00	02:48,00	02:45,00	200 Dos	02:31,00	02:36,00	02:40,00	02:45,00
00:42,50	00:42,00	00:41,30	00:41,00	50 Bra	00:35,00	00:36,40	00:38,00	00:40,00
01:33,00	01:31,00	01:30,00	01:29,00	100 Bra	01:19,30	01:23,00	01:25,00	01:28,00
03:20,00	03:15,00	03:10,00	03:07,00	200 Bra	02:50,00	02:55,00	03:00,00	03:10,00
00:34,50	00:34,00	00:33,50	00:33,00	50 Pap	00:28,50	00:29,40	00:30,50	00:32,00
01:25,00	01:22,00	01:20,00	01:18,00	100 Pap	01:07,00	01:10,00	01:12,50	01:15,00
03:00,00	02:55,00	02:50,00	02:45,00	200 Pap	02:30,00	02:37,00	02:45,00	02:55,00
02:52,50	02:49,00	02:47,00	02:44,00	200 4n	02:28,00	02:33,00	02:39,00	02:44,00
06:05,00	05:55,00	05:45,00	05:35,00	400 4n	05:25,00	05:35,00	05:40,00	05:55,00

En bassin de 25m :

DAMES				Epreuves	MESSIEURS			
Tps limites					Tps limites			
14 ans	15 ans	16 ans	17 ans et plus		18 ans et plus	17 ans	16 ans	15 ans
00:30,30	00:30,00	00:29,70	00:29,40	50 NL	00:25,70	00:26,30	00:27,30	00:28,30
01:06,90	01:05,80	01:05,20	01:03,90	100 NL	00:54,90	00:57,40	00:59,40	01:01,40
02:27,60	02:24,60	02:23,60	02:21,60	200 NL	02:04,60	02:08,60	02:12,60	02:14,60
05:12,50	05:07,50	05:02,50	04:57,50	400 NL	04:23,50	04:42,50	04:52,50	04:59,50
10:44,00	10:34,00	10:24,00	10:14,00	800 NL	08:59,00	09:29,00	09:44,00	09:54,00
19:45,00	19:30,00	19:15,00	19:00,00	1500 NL	17:15,00	17:45,00	18:10,00	18:30,00
00:36,00	00:35,50	00:34,80	00:34,30	50 Dos	00:31,00	00:31,70	00:32,50	00:33,50
01:18,60	01:17,40	01:16,20	01:15,30	100 Dos	01:07,90	01:10,00	01:11,60	01:13,60
02:48,10	02:45,10	02:43,10	02:40,10	200 Dos	02:26,10	02:31,10	02:35,10	02:40,10
00:41,70	00:41,20	00:40,50	00:40,20	50 Bra	00:34,20	00:35,60	00:37,20	00:39,20
01:31,00	01:29,00	01:28,00	01:27,00	100 Bra	01:17,30	01:21,00	01:23,00	01:26,00
03:15,00	03:10,00	03:05,00	03:02,00	200 Bra	02:45,00	02:50,00	02:55,00	03:05,00
00:33,90	00:33,40	00:32,90	00:32,40	50 Pap	00:27,90	00:28,80	00:29,90	00:31,40
01:23,70	01:20,70	01:18,70	01:16,70	100 Pap	01:05,70	01:08,70	01:11,20	01:13,70
02:56,90	02:51,90	02:46,90	02:41,90	200 Pap	02:26,90	02:33,90	02:41,90	02:51,90
02:49,00	02:45,50	02:43,50	02:40,50	200 4n	02:24,50	02:29,50	02:35,50	02:40,50
05:56,20	05:46,20	05:36,20	05:26,20	400 4n	05:16,20	05:26,20	05:31,20	05:46,20

## 2. N4

### Championnats N4

En bassin de 50m :

DAMES				Epreuves	MESSIEURS			
Tps limites					Tps limites			
14 ans	15 ans	16 ans	17 ans et plus		18 ans et plus	17 ans	16 ans	15 ans
00:32,55	00:32,24	00:31,92	00:31,61	50 NL	00:27,72	00:28,35	00:29,40	00:30,45
01:11,92	01:10,77	01:10,14	01:08,78	100 NL	00:59,33	01:01,95	01:04,05	01:06,15
02:38,55	02:35,40	02:34,35	02:32,25	200 NL	02:14,40	02:18,60	02:22,80	02:24,90
05:36,00	05:30,75	05:25,50	05:20,25	400 NL	04:44,55	05:04,50	05:15,00	05:22,35
11:33,00	11:22,50	11:12,00	11:01,50	800 NL	09:42,75	10:14,25	10:30,00	10:40,50
21:15,75	21:00,00	20:44,25	20:28,50	1500 NL	18:38,25	19:09,75	19:36,00	19:57,00
00:39,38	00:38,85	00:38,12	00:37,59	50 Dos	00:34,12	00:34,86	00:35,70	00:36,75
01:25,05	01:23,79	01:22,53	01:21,59	100 Dos	01:13,81	01:16,02	01:17,70	01:19,80
03:01,65	02:58,50	02:56,40	02:53,25	200 Dos	02:38,55	02:43,80	02:48,00	02:53,25
00:44,63	00:44,10	00:43,37	00:43,05	50 Bra	00:36,75	00:38,22	00:39,90	00:42,00
01:37,65	01:35,55	01:34,50	01:33,45	100 Bra	01:23,27	01:27,15	01:29,25	01:32,40
03:30,00	03:24,75	03:19,50	03:16,35	200 Bra	02:58,50	03:03,75	03:09,00	03:19,50
00:36,22	00:35,70	00:35,18	00:34,65	50 Pap	00:29,92	00:30,87	00:32,02	00:33,60
01:29,25	01:26,10	01:24,00	01:21,90	100 Pap	01:10,35	01:13,50	01:16,12	01:18,75
03:09,00	03:03,75	02:58,50	02:53,25	200 Pap	02:37,50	02:44,85	02:53,25	03:03,75
03:01,13	02:57,45	02:55,35	02:52,20	200 4n	02:35,40	02:40,65	02:46,95	02:52,20
06:23,25	06:12,75	06:02,25	05:51,75	400 4n	05:41,25	05:51,75	05:57,00	06:12,75

En bassin de 25m :

DAMES				Epreuves	MESSIEURS			
Tps limites					Tps limites			
14 ans	15 ans	16 ans	17 ans et plus		18 ans et plus	17 ans	16 ans	15 ans
00:31,85	00:31,53	00:31,22	00:30,91	50 NL	00:27,02	00:27,65	00:28,70	00:29,75
01:10,32	01:09,17	01:08,54	01:07,18	100 NL	00:57,73	01:00,35	01:02,45	01:04,55
02:35,15	02:32,00	02:30,95	02:28,85	200 NL	02:11,00	02:15,20	02:19,40	02:21,50
05:28,50	05:23,25	05:18,00	05:12,75	400 NL	04:37,05	04:57,00	05:07,50	05:14,85
11:17,00	11:06,50	10:56,00	10:45,50	800 NL	09:26,75	09:58,25	10:14,00	10:24,50
20:45,75	20:30,00	20:14,25	19:58,50	1500 NL	18:08,25	18:39,75	19:06,00	19:27,00
00:37,88	00:37,35	00:36,62	00:36,09	50 Dos	00:32,62	00:33,36	00:34,20	00:35,25
01:22,65	01:21,39	01:20,13	01:19,19	100 Dos	01:11,41	01:13,62	01:15,30	01:17,40
02:56,75	02:53,60	02:51,50	02:48,35	200 Dos	02:33,65	02:38,90	02:43,10	02:48,35
00:43,83	00:43,30	00:42,56	00:42,25	50 Bra	00:35,95	00:37,42	00:39,10	00:41,20
01:35,65	01:33,55	01:32,50	01:31,45	100 Bra	01:21,27	01:25,15	01:27,25	01:30,40
03:25,00	03:19,75	03:14,50	03:11,35	200 Bra	02:53,50	02:58,75	03:04,00	03:14,50
00:35,63	00:35,10	00:34,58	00:34,05	50 Pap	00:29,32	00:30,27	00:31,42	00:33,00
01:27,95	01:24,80	01:22,70	01:20,60	100 Pap	01:09,05	01:12,20	01:14,82	01:17,45
03:05,90	03:00,65	02:55,40	02:50,15	200 Pap	02:34,40	02:41,75	02:50,15	03:00,65
02:57,63	02:53,95	02:51,85	02:48,70	200 4n	02:31,90	02:37,15	02:43,45	02:48,70
06:14,45	06:03,95	05:53,45	05:42,95	400 4n	05:32,45	05:42,95	05:48,20	06:03,95



### 3. N3

#### GRILLES INTERREGION OUEST RENNES/TOURS

	Epreuves	50 m		50 m		50 m		50 m		Conversion 25/50 m FFN	
		14 ans et moins	A réaliser en 25 m	15 ans	A réaliser en 25 m	16 ANS	A réaliser en 25 m	17 ans et plus	A réaliser en 25 m		
FILLES	50	NL	00:30,72	00:30,02	00:30,24	00:29,54	00:29,61	00:28,91	00:28,98	00:28,28	00:00,70
	100	NL	01:07,05	01:05,45	01:05,43	01:03,83	01:04,17	01:02,57	01:02,92	01:01,32	00:01,60
	200	NL	02:25,80	02:22,40	02:22,64	02:19,24	02:19,46	02:16,06	02:17,38	02:13,98	00:03,40
	400	NL	05:05,79	04:58,29	04:57,33	04:49,83	04:52,79	04:45,29	04:45,29	04:37,79	00:07,50
	800	NL	10:25,91	10:09,91	10:12,86	09:56,86	09:58,76	09:42,76	09:46,96	09:30,96	00:16,00
	1500	NL	20:28,38	19:58,38	19:55,45	19:25,45	19:18,93	18:48,93	18:41,54	18:11,54	00:30,00
	50	D	00:35,09	00:33,59	00:34,05	00:32,55	00:33,84	00:32,34	00:32,88	00:31,38	00:01,50
	100	D	01:15,76	01:13,36	01:14,12	01:11,72	01:13,49	01:11,09	01:11,54	01:09,14	00:02,40
	200	D	02:45,88	02:40,98	02:39,14	02:34,24	02:37,69	02:32,79	02:34,57	02:29,67	00:04,90
	50	B	00:39,17	00:38,37	00:38,23	00:37,43	00:37,24	00:36,44	00:36,26	00:35,46	00:00,80
	100	B	01:25,79	01:23,79	01:24,28	01:22,28	01:22,32	01:20,32	01:20,09	01:18,09	00:02,00
	200	B	03:05,33	03:00,33	03:00,36	02:55,36	02:57,17	02:52,17	02:53,30	02:48,30	00:05,00
	50	P	00:32,77	00:32,17	00:31,88	00:31,28	00:31,28	00:30,68	00:30,56	00:29,96	00:00,60
	100	P	01:14,09	01:12,79	01:12,35	01:11,05	01:09,87	01:08,57	01:08,33	01:07,03	00:01,30
	200	P	02:47,77	02:44,67	02:43,16	02:40,06	02:38,12	02:35,02	02:34,48	02:31,38	00:03,10
	200	4N	02:46,98	02:43,48	02:42,50	02:39,00	02:39,95	02:36,45	02:35,70	02:32,20	00:03,50
400	4N	05:51,98	05:43,18	05:40,44	05:31,64	05:34,97	05:26,17	05:27,60	05:18,80	00:08,80	
GARCONS	50	NL	00:27,80	00:27,10	00:26,93	00:26,23	00:26,62	00:25,92	00:25,99	00:25,29	00:00,70
	100	NL	01:00,71	00:59,11	00:58,63	00:57,03	00:58,29	00:56,69	00:56,71	00:55,11	00:01,60
	200	NL	02:12,55	02:09,15	02:07,70	02:04,30	02:06,06	02:02,66	02:04,14	02:00,74	00:03,40
	400	NL	04:41,58	04:34,08	04:31,36	04:23,86	04:26,55	04:19,05	04:22,71	04:15,21	00:07,50
	800	NL	09:46,96	09:30,96	09:23,03	09:07,03	09:13,10	08:57,10	09:05,47	08:49,47	00:16,00
	1500	NL	18:25,96	17:55,96	18:10,84	17:40,84	17:34,75	17:04,75	17:27,42	16:57,42	00:30,00
	50	D	00:32,10	00:30,60	00:30,90	00:29,40	00:30,67	00:29,17	00:29,82	00:28,32	00:01,50
	100	D	01:09,20	01:06,80	01:06,53	01:04,13	01:05,77	01:03,37	01:04,41	01:02,01	00:02,40
	200	D	02:30,64	02:25,74	02:24,77	02:19,87	02:23,32	02:18,42	02:19,98	02:15,08	00:04,90
	50	B	00:35,07	00:34,27	00:34,08	00:33,28	00:33,17	00:32,37	00:32,64	00:31,84	00:00,80
	100	B	01:18,01	01:16,01	01:15,85	01:13,85	01:13,44	01:11,44	01:11,98	01:09,98	00:02,00
	200	B	02:53,42	02:48,42	02:44,38	02:39,38	02:39,14	02:34,14	02:37,17	02:32,17	00:05,00
	50	P	00:29,50	00:28,90	00:28,90	00:28,30	00:28,11	00:27,51	00:27,73	00:27,13	00:00,60
	100	P	01:06,33	01:05,03	01:03,51	01:02,21	01:02,63	01:01,33	01:01,23	00:59,93	00:01,30
	200	P	02:29,00	02:25,90	02:24,86	02:21,76	02:21,35	02:18,25	02:18,40	02:15,30	00:03,10
	200	4N	02:29,28	02:25,78	02:26,50	02:23,00	02:22,57	02:19,07	02:20,90	02:17,40	00:03,50
400	4N	05:18,96	05:10,16	05:10,73	05:01,93	05:06,57	04:57,77	05:01,57	04:52,77	00:08,80	

### 4. N2, N1 et autres championnats nationaux

Suivre le lien :

[https://ffn.extranat.fr/webffn/nat\\_perfs.php?idact=nat&go=clt\\_tps](https://ffn.extranat.fr/webffn/nat_perfs.php?idact=nat&go=clt_tps)

## 5. Meetings

### MEETING REGIONAL QUALIFICATIF

Performances réalisées sur la base des performances tous bassins saison N et N-1

En bassin de 50m :

DAMES				Epreuves	MESSIEURS			
Tps limites					Tps limites			
14 ans	15 ans	16 ans	17 ans et plus		18 ans et plus	17 ans	16 ans	15 ans
00:32,55	00:32,24	00:31,92	00:31,61	50 NL	00:27,72	00:28,35	00:29,40	00:30,45
01:11,92	01:10,77	01:10,14	01:08,78	100 NL	00:59,33	01:01,95	01:04,05	01:06,15
02:38,55	02:35,40	02:34,35	02:32,25	200 NL	02:14,40	02:18,60	02:22,80	02:24,90
05:36,00	05:30,75	05:25,50	05:20,25	400 NL	04:44,55	05:04,50	05:15,00	05:22,35
11:33,00	11:22,50	11:12,00	11:01,50	800 NL	09:42,75	10:14,25	10:30,00	10:40,50
21:15,75	21:00,00	20:44,25	20:28,50	1500 NL	18:38,25	19:09,75	19:36,00	19:57,00
00:39,38	00:38,85	00:38,12	00:37,59	50 Dos	00:34,12	00:34,86	00:35,70	00:36,75
01:25,05	01:23,79	01:22,53	01:21,59	100 Dos	01:13,81	01:16,02	01:17,70	01:19,80
03:01,65	02:58,50	02:56,40	02:53,25	200 Dos	02:38,55	02:43,80	02:48,00	02:53,25
00:44,63	00:44,10	00:43,37	00:43,05	50 Bra	00:36,75	00:38,22	00:39,90	00:42,00
01:37,65	01:35,55	01:34,50	01:33,45	100 Bra	01:23,27	01:27,15	01:29,25	01:32,40
03:30,00	03:24,75	03:19,50	03:16,35	200 Bra	02:58,50	03:03,75	03:09,00	03:19,50
00:36,22	00:35,70	00:35,18	00:34,65	50 Pap	00:29,92	00:30,87	00:32,02	00:33,60
01:29,25	01:26,10	01:24,00	01:21,90	100 Pap	01:10,35	01:13,50	01:16,12	01:18,75
03:09,00	03:03,75	02:58,50	02:53,25	200 Pap	02:37,50	02:44,85	02:53,25	03:03,75
03:01,13	02:57,45	02:55,35	02:52,20	200 4n	02:35,40	02:40,65	02:46,95	02:52,20
06:23,25	06:12,75	06:02,25	05:51,75	400 4n	05:41,25	05:51,75	05:57,00	06:12,75

En bassin de 25m :

DAMES				Epreuves	MESSIEURS			
Tps limites					Tps limites			
14 ans	15 ans	16 ans	17 ans et plus		18 ans et plus	17 ans	16 ans	15 ans
00:31,85	00:31,53	00:31,22	00:30,91	50 NL	00:27,02	00:27,65	00:28,70	00:29,75
01:10,32	01:09,17	01:08,54	01:07,18	100 NL	00:57,73	01:00,35	01:02,45	01:04,55
02:35,15	02:32,00	02:30,95	02:28,85	200 NL	02:11,00	02:15,20	02:19,40	02:21,50
05:28,50	05:23,25	05:18,00	05:12,75	400 NL	04:37,05	04:57,00	05:07,50	05:14,85
11:17,00	11:06,50	10:56,00	10:45,50	800 NL	09:26,75	09:58,25	10:14,00	10:24,50
20:45,75	20:30,00	20:14,25	19:58,50	1500 NL	18:08,25	18:39,75	19:06,00	19:27,00
00:37,88	00:37,35	00:36,62	00:36,09	50 Dos	00:32,62	00:33,36	00:34,20	00:35,25
01:22,65	01:21,39	01:20,13	01:19,19	100 Dos	01:11,41	01:13,62	01:15,30	01:17,40
02:56,75	02:53,60	02:51,50	02:48,35	200 Dos	02:33,65	02:38,90	02:43,10	02:48,35
00:43,83	00:43,30	00:42,56	00:42,25	50 Bra	00:35,95	00:37,42	00:39,10	00:41,20
01:35,65	01:33,55	01:32,50	01:31,45	100 Bra	01:21,27	01:25,15	01:27,25	01:30,40
03:25,00	03:19,75	03:14,50	03:11,35	200 Bra	02:53,50	02:58,75	03:04,00	03:14,50
00:35,63	00:35,10	00:34,58	00:34,05	50 Pap	00:29,32	00:30,27	00:31,42	00:33,00
01:27,95	01:24,80	01:22,70	01:20,60	100 Pap	01:09,05	01:12,20	01:14,82	01:17,45
03:05,90	03:00,65	02:55,40	02:50,15	200 Pap	02:34,40	02:41,75	02:50,15	03:00,65
02:57,63	02:53,95	02:51,85	02:48,70	200 4n	02:31,90	02:37,15	02:43,45	02:48,70
06:14,45	06:03,95	05:53,45	05:42,95	400 4n	05:32,45	05:42,95	05:48,20	06:03,95

## Aquabaie

### TEMPS LIMITE D'ENGAGEMENTS

DAMES			MESSIEURS			
01 ET AVT	2003-2002	2005 ET 2004		00 ET AVT	2002-2001	2004 ET 2003
31"50	32"	33"	50 NL	27"50	28"	29"
1'08"50	1'09"50	1'11"50	100 NL	1'00"50	1'01"50	1'03"50
2'30"	2'30"	2'30"	200 NL	2'17"	2'17"	2'17"
5'05"	5'05"	5'05"	400 NL	4'45"	4'45"	4'45"
10'40"	10'40"	10'40"	800 NL	10'00"	10'00"	10'00"
20'15"	20'15"	20'15"	1600 NL	19'22"50	19'22"50	19'22"50
36"50	37"	38"	50 DOS	32"50	33"	34"
1'19"50	1'20"50	1'22"50	100 DOS	1'06"50	1'07"50	1'09"50
2'53"	2'53"	2'53"	200 DOS	2'35"	2'35"	2'35"
40"50	41"	42"	50 BRASSE	37"50	38"	39"
1'30"50	1'31"50	1'33"50	100 BRASSE	1'19"50	1'20"50	1'22"50
3'10"	3'10"	3'10"	200 BRASSE	2'55"	2'55"	2'55"
35"50	36"	37"	50 PAP	31"50	32"	33"
1'17"50	1'18"50	1'20"50	100 PAP	1'10"50	1'11"50	1'13"50
2'53"	2'53"	2'53"	200 PAP	2'43"	2'43"	2'43"
2'51"	2'51"	2'51"	200 4N	2'39"	2'39"	2'39"
5'45"	5'45"	5'45"	400 4N	5'30"	5'30"	5'30"

## 6. Conversion temps 25m vers 50m

ÉPREUVES	MAJORATION
50m nage libre	0"70
100m nage libre	1"60
200m nage libre	3"40
400m nage libre	7"50
800m nage libre	16"00
1500m nage libre	30"00
50m Dos	1"50
100m Dos	2"40
200m Dos	4"90
50m Brasse	0"80
100m Brasse	2"00
200m Brasse	5"00
50m Papillon	0"60
100m Papillon	1"30
200m Papillon	3"10
200m 4 Nages	3"50
400m 4 Nages	8"80